perlmanclinic++

Action Needed: Keep Your Primary Care at Perlman Clinic in 2027

Dear Patient,

Thank you for trusting Perlman Clinic with your care. We are writing about an upcoming change to your UnitedHealthcare Harmony HMO plan and the steps you can take to continue seeing your Perlman Clinic primary care provider.

Beginning January 1, 2027, the UCSD network will no longer participate in UnitedHealthcare Harmony. Our records indicate that Perlman Clinic is your assigned primary care provider through this network. You have two options to continue your care at Perlman Clinic:

1. Keep your Harmony plan and Perlman Clinic — at no additional cost.

You can keep your current UnitedHealthcare Harmony plan and your Perlman Clinic primary care provider by changing your network from UCSD Med Group Affiliates to Sharp Community Medical Group. This change is free and does not increase your monthly premium. For acute needs, you will be directed to Sharp facilities instead of UCSD facilities.

To go with this option, call UnitedHealthcare Member Services at the number on the back of your insurance card or **800-624-8822**. Simply tell them: "I would like to keep my primary care provider, but change my medical group from UCSD Medical Group to Sharp Community Medical Group." If they ask for your primary care provider, it's listed on your insurance card, or you can say Dr. Monica Perlman.

2. Keep your UCSD network and Perlman Clinic — likely additional cost.

If you would like to maintain access to the UCSD network, you can switch to a PPO or a broader-network HMO that includes the UCSD network. If you choose an HMO, please make sure you are assigned to a Perlman Clinic provider or location. These options will likely have higher monthly premiums than Harmony. You can make this change during your employer's open enrollment.

Please take action now. If you make no change, UnitedHealthcare will assign you to a new primary care provider outside Perlman Clinic beginning January 1, 2027. If you have questions or need help, please contact us at info@perlmanclinic.com.

Thank you for choosing Perlman Clinic. We are here to support you and help you stay connected to your provider and care team.

Sincerely,
Perlman Clinic